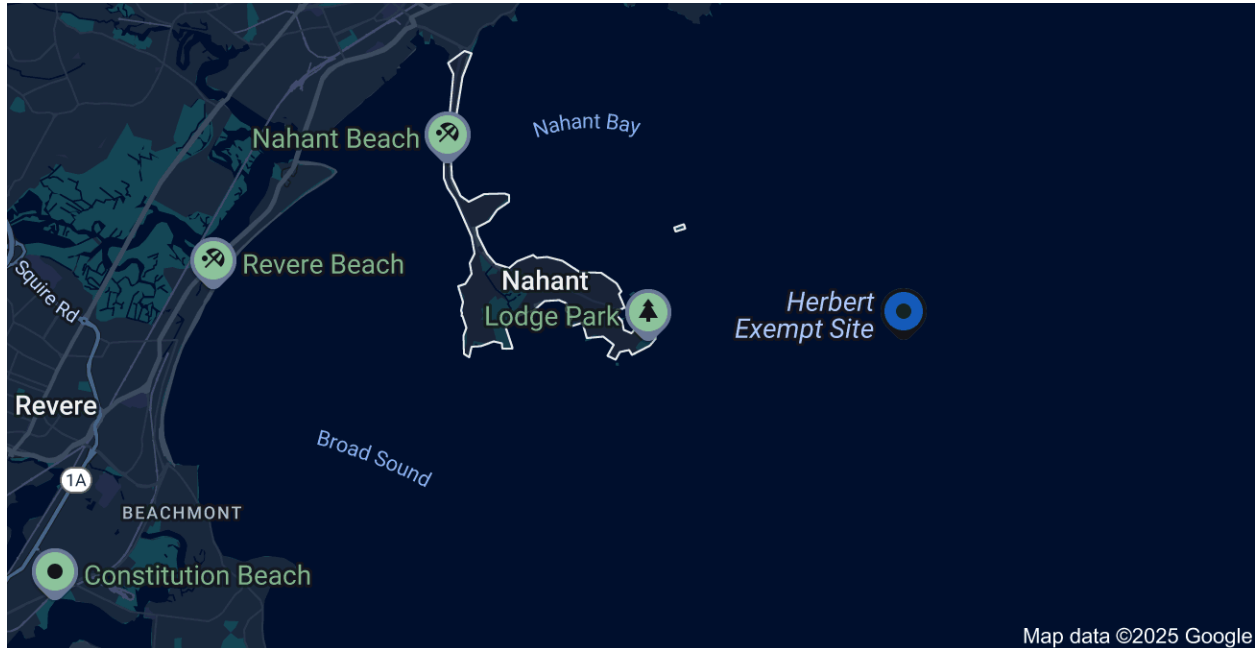


Nahant

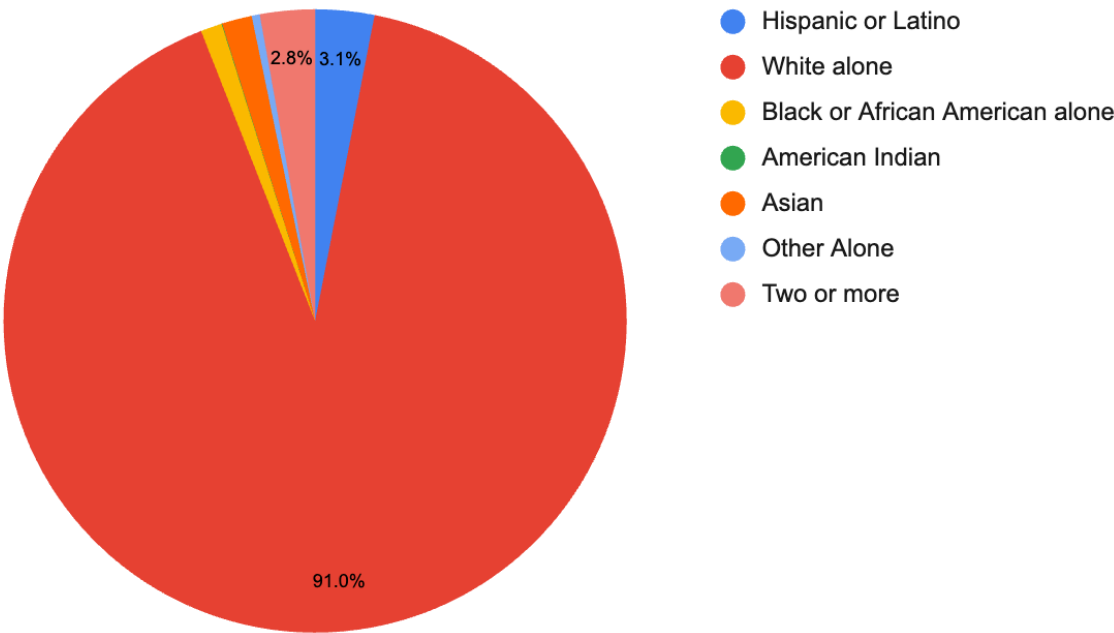
Population: 3,328



Demographic Breakdown

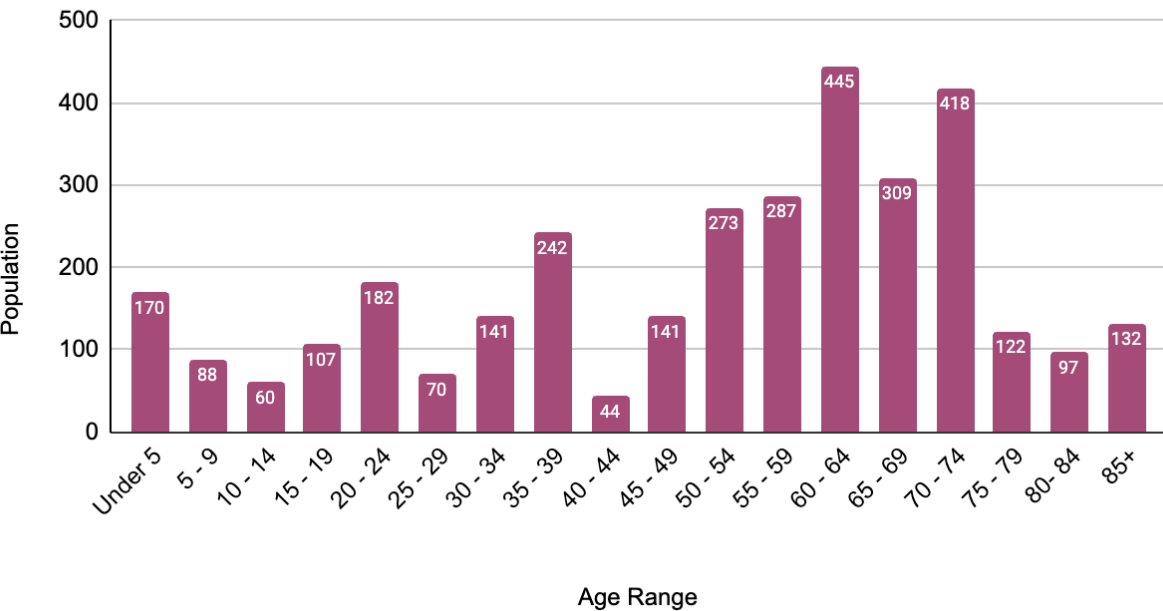
Demographics include race and ethnicity, age, sex, and language spoken. Understanding these characteristics will allow us to better serve our communities.

Nahant by Race



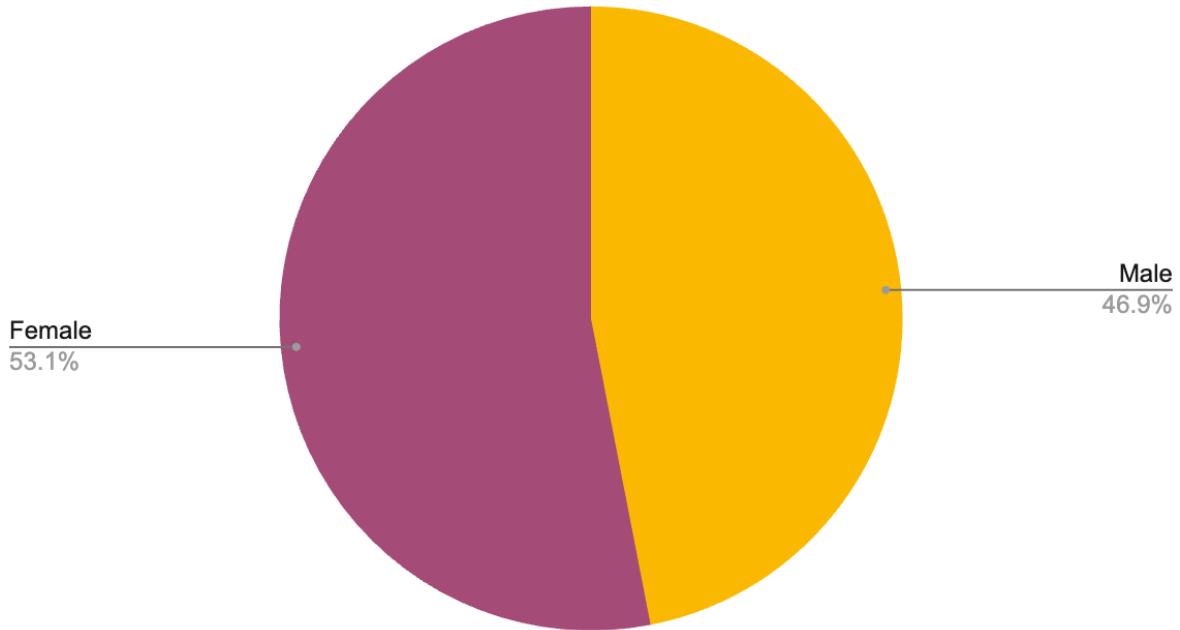
The racial and ethnic makeup of Nahant consists of 91.0% of the population that identifies as non-Hispanic white, 3.1% as Hispanic/Latino, 2.8% as two or more races, 1.56% as Asian, 1.11% as Black or African American, 0.42% as other, and 0.03% as American Indian.

Nahant Population by Age

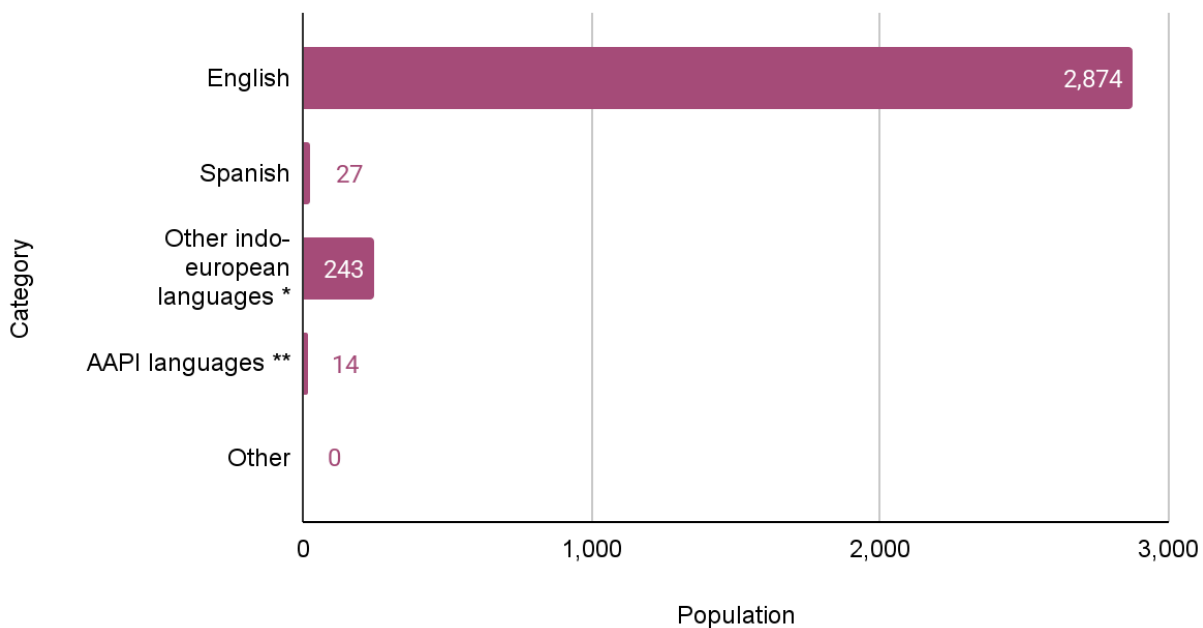


The Median age of a Nahant resident is 58.6 and the largest sections of the population fall between 60-64 with 445 people and 70-74 with 418 people. The distribution of ages is towards the older side meaning that the population in Nahant has more people above 40 than below.

Nahant Population by Sex at Birth



Nahant Population Language Spoken at Home



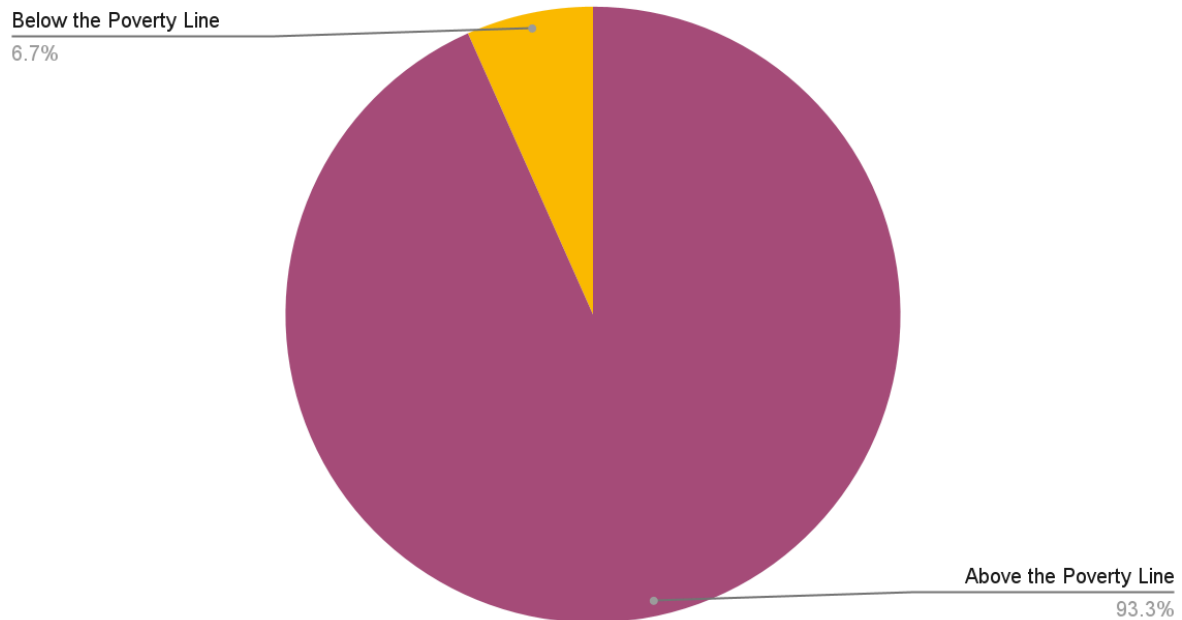
* - Indo-European includes languages such as Portuguese, Italian, German, etc.

** - AAPI Languages: Asian American and Pacific Islander Languages

Social and Economic Breakdown

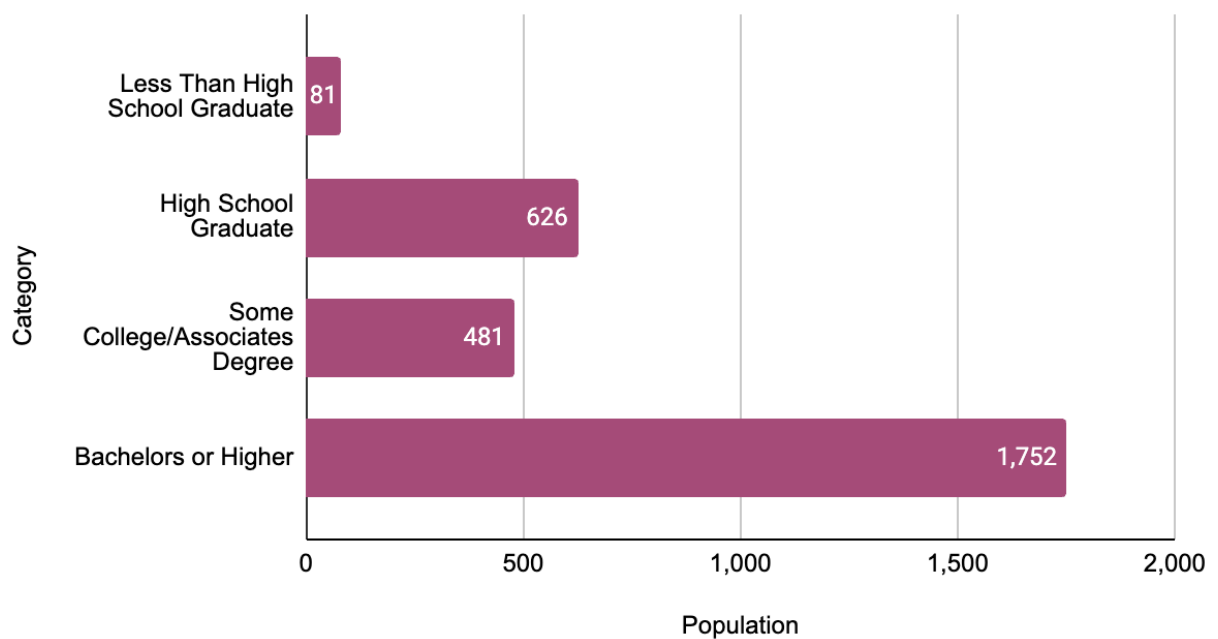
A social and economic breakdown categorizes a population based on the factors that influence an individual's overall health. These factors together make up the social determinants of health, a concept in public health that describes how social and economic factors affect health in positive or negative ways. Understanding how these factors are distributed provides valuable insight into the needs of the communities we serve.

Nahant by Poverty Status



6.7% of Nahant residents live at or below the poverty line, which is lower than the state's average of 10.4%.

Nahant Population by Education Status



1,188 Nahant residents above the age of 18 do not have a college degree while 1,752 have received a bachelor's degree or a higher level of education.

Information compiled by Max Carcione, UMass Amherst

Sources:

U.S. Census Bureau. (2022). *American Community Survey 5-Year Estimates, 2017–2021*. U.S. Department of Commerce.

<https://www.census.gov/programs-surveys/acs>